

An English translation of WHOQOL-BREF [Taiwan]

1. How would you rate your quality of life?  
Very poor      Poor      Neither poor nor good      Good      Very Good
2. How satisfied are you with your health?  
Very satisfied    Dissatisfied    Neither satisfied nor dissatisfied    Satisfied    Very satisfied
3. To what extent do you feel that physical pain prevents you from doing what you need to do?  
Not at all      A little      A moderate amount      Very much      An extreme amount
4. How much do you need any medical treatment to function in your daily life?  
Not at all      A little      A moderate amount      Very much      An extreme amount
5. How much do you enjoy life?  
Not at all      A little      A moderate amount      Very much      An extreme amount
6. To what extent do you feel your life to be meaningful?  
Not at all      A little      A moderate amount      Very much      An extreme amount
7. How well are you able to concentrate?  
Not at all      Slightly      Moderately      Mostly      Completely
8. How safe do you feel in your daily life?  
Not at all      Slightly      Moderately      Mostly      Completely
9. How healthy is your physical environment?  
Not at all      Slightly      Moderately      Mostly      Completely
10. Do you have enough energy for everyday life?  
Not at all      Slightly      Moderately      Mostly      Completely
11. Are you able to accept your bodily appearance?  
Not at all      Slightly      Moderately      Mostly      Completely
12. Have you enough money to meet your needs?  
Not at all      Slightly      Moderately      Mostly      Completely
13. How available to you is the information that you need in our day-to-day life?  
Not at all      Slightly      Moderately      Mostly      Completely
14. To what extent do you have the opportunity for leisure activities?  
Not at all      Slightly      Moderately      Mostly      Completely
15. How well are you able to get around?  
Very poor      Poor      Neither poor nor good      Good      Very Good
16. How satisfied are you with your sleep?  
Very satisfied    Dissatisfied    Neither satisfied nor dissatisfied    Satisfied    Very satisfied
17. How satisfied are you with your ability to perform your daily living activities?  
Very satisfied    Dissatisfied    Neither satisfied nor dissatisfied    Satisfied    Very satisfied
18. How satisfied are you with your capacity for work?  
Very satisfied    Dissatisfied    Neither satisfied nor dissatisfied    Satisfied    Very satisfied

19. How satisfied are you with yourself?

Very satisfied   Dissatisfied   Neither satisfied nor dissatisfied   Satisfied   Very satisfied

20. How satisfied are you with your personal relationships?

Very satisfied   Dissatisfied   Neither satisfied nor dissatisfied   Satisfied   Very satisfied

21. How satisfied are you with your sex life?

Very satisfied   Dissatisfied   Neither satisfied nor dissatisfied   Satisfied   Very satisfied

22. How satisfied are you with the support you get from your friends?

Very satisfied   Dissatisfied   Neither satisfied nor dissatisfied   Satisfied   Very satisfied

23. How satisfied are you with the conditions of your living place?

Very satisfied   Dissatisfied   Neither satisfied nor dissatisfied   Satisfied   Very satisfied

24. How satisfied are you with your access to health services?

Very satisfied   Dissatisfied   Neither satisfied nor dissatisfied   Satisfied   Very satisfied

25. How satisfied are you with your transport?

Very satisfied   Dissatisfied   Neither satisfied nor dissatisfied   Satisfied   Very satisfied

26. How often do you have negative feelings, such as blue mood, despair, anxiety, depression?

Never   Seldom   Quite often   Very Often   Always

27. Do you feel respected by others?

Not at all   Slightly   Moderately   Mostly   Completely

28. Are you usually able to get the things you like to eat?

Never   Seldom   Quite often   Very Often   Always